Individual Qualities

* In school we have been looking at our achievements this year. We are all so different.
* Art can be a great tool for self-exploration and self-expression.
* Create a piece of artwork which represents your personality and highlights your individual qualities.
* This could be a picture or something more abstract using materials available at home.
* You may find listening to your favourite music encourages your own expression.
* When you have finished, reflect on how you have tried to show off your personality through your artwork.

